## **UPDATES & EVENTS**



Here's to another fabulous year of helping our LGBTQ+ community and everyone receive the care, support, and information to thrive!

the cente



LEARN MORE ABOUT VOLUNTEER OPPORTUNITIES AND MAKE AN IMPACT IN THE COMMUNITY

WWW.THECENTERLV.ORG





### thecenterly.org

Some groups will remain virtual, staying connected through Zoom, Discord or Facebook to be more accommodating for travel, ability, and convenience!

Many groups have Facebook groups, online meeting, and additional ways to connect! Please ask and check online!



Crisis advocacy and referrals to urgent services are now available through the Center's hotline!

24/7 HOTLINE: Local: (702) 745-4600 Toll Free: (833) 740-0500

## DONATIONS

Please support what we do at the Center. Together we provide a place for people coming out, in transition, or difficult times. This is a space to give back, volunteer, make connections, and build community together with pride. We provide information, resources and testing to protect the health our community. We celebrate the art, beauty, and brilliance within our talented community.

We educate and advocate within and outside. We build bridges in difficult places and hold accountable. Help us do all of this, and more.



#### THECENTERLV.ORG/DONATE



# **PROGRAMS** & **SERVICES GUIDE**

**JANUARY 2025** 

The LGBTQIA+ Center serves as a haven for all. We welcome and celebrate the diversity of our communities and strive to empower all to live authentic lives.

401 S Maryland Parkway Las Vegas, NV 89101 • www.thecenterlv.org

## **HEALTH AND WELLNESS**



#### FREE HIV TESTING AND COUNSELING Mon-Tues9am-6pm, Wed-Thurs 10am-7pm Fri-Sat 7:30am-4:30nm

The Center is proud to provide our community with access to the Arlene Cooper Wellness Clinic, where we offer free testing for HIV, syphilis, gonorrhea, and chlamydia. For anyone testing positive for an STI/STD, we provide treatment as well. (Last client at 5p).

#### HIV BASICS: EVERYTHING YOU NEED TO KNOW Every last Thursday, 6pm

Boyd Conference Room, call 702-802-5412 This course provides an overview of essential facts about HIV/ AIDS, transmission, prevention, casual contact, testing procedures, state laws and regulations, medications, and services available to Clark County residents living with HIV/AIDS. The fee for court mandated participants is \$50 (cash/money order) and a certificate of completion will be provided at the end of the class.

#### RYAN WHITE ASSISTANCE By Appointment

Please call 702.733.9800 to ask for an HIV Services Staff Member The Ryan White program provides assistance for those living with HIV that can include assistance for medication, doctor visits, and labs.

#### LIVING WELL Every Tues, 6-7:30pm

Living Well is a compassionate life support group for persons living with HIV. All persons living with HIV are welcome to attend regardless of age, gender, or history of your HIV diagnosis. For more information contact HIV Services at 702-802-5412.

#### MED-TIME Every Last Tues, 6-7:30pm

An HIV/AIDS health education dinner and learn program that provides an opportunity for positive individuals to learn about medication options and treatment adherence, as well as meet with a pharmacist one on one to review all medications. We welcome questions, and you may discuss any barriers you are experiencing accessing your medication. There is no charge to attend.

#### TRAC-B EXCHANGE Fridays, eastside parking lot: 10am-2pm

#### CONDOM CLOSET Mon-Fri, 10am-7pm

We provide free condoms and lube through our condom closet. Stop by our front desk and ask our volunteers for assistance.

#### **ABRAZA LA VIDA** Every 2nd and 4th Thursday, 6pm

Abraza La Vida's vision is to empower Latino/X men (who have sex with men) living with HIV by creating safe spaces to socialize, advocate, and educate, all while accepting and embracing all aspects of their lives including culture, traditions, language, spirituality, and sexual and gender identities. The mission is to have these individuals step into a room where they feel safe enough to remove their armor ("The Machismo Ego") and feel safe enough not to have to put the armor back on when they walk out of that room to evolve into better human beings.

### SOMOS UNIDOS

#### Cada Viernes de 6-8pm

Somos Unidos es un grupo social y educativo de apoyo para la comunidad LGBTO+ Latina. Tenemos charlas educativas de diferentes temas todas las semanas. El grupo te conecta con expertos cuando reguieras de ayuda de una manera individualizada o grupal.

#### **EMPOWERLINK**

#### Monday - Friday, 10am-6pm

Providing inclusive and compassionate support for anyone who is using substances. We provide recovery support, harm reduction tools, and mores.

#### NEW PROGRAM!

#### SISTERS IN STRENGTH Every Last Saturday, 12pm

A place of Empowerment for African American Women living with HIV offering conversations, connections and support. All African American Women living with HIV are welcome to attend. For more information contact HIV Services at 702-802-5412.

#### SIN BUSCAR EXCUSAS Every 4th Wednesday, 6pm

A small group, video-based, behavioral intervention for Latino/ Hispanic Gay, Bisexual and other men who have sex with men focusing on HIV Prevention strategies. For more information contact HIV Services at 702-802-5412.

# Shop Now **7the cente**

**ONLINE STORE** 

#### **OVOLUTION YOUTH PROGRAM** Every Tuesday: ages 13-17, 4-5:30pm Every Thursday: ages 18-24, 4-5:30pm

QVolution is designed to meet the social, support, recreation, and development needs of LGBTQIA+ and ally youth, ages 13 to 24. We're working to prepare our youth for the world and prepare the world for our youth! Youth Activity Nights in the Drop-in are supportive, educational, and social spaces for LGBTQIA+ & ally youth.

YOUTH AND FAMILY



#### **PIVOT PROGRAM** Wednesday Email: Ihernandez@thecenterlv.org to register

Parents, caregivers, and their LGBTQ+ youth are invited to join us at The Center for a 6-week program where we teach parents/ caregivers how to be better accepting and affirming of their LGBTQ+ youth! For more information: https://tinyurl.com/ pivot-interest-form

#### **COMPREHENSIVE SEX EDUCATION** By Appointment

Youth ages 13 to 18 can receive (with parental consent) free sex education classes that cover contraception, consent, identity formation, and understanding of HIV/STI prevention, featuring the core values of abstinence, protection, and pregnancy prevention in an LGBTQIA+ inclusive and gender-neutral environment.

#### **PFLAG @ THE CENTER**

#### 2nd Saturdays on Zoom

10am Volunteer/Business Meeting 11am Support group: Education and support for friends and family of LGBTQIA+.

#### A.G.E.N.T.S.

#### 1st Thursday of each month, 5:30-7:30pm

Allies Getting Everyone NVolved in Testing and Screening (A.G.E.N.T.S) For youth ages 18-24. HIV Youth Advisory Council dedicated to preventing the spread of HIV and other STIs among youth. Follow on Instagram @thecenteragents

#### THE YOUTH DROP-IN SPACE IS NOW OPEN! Monday thru Friday, 4:00pm-5:30pm

- Mondays Ask-a-Therapist
- Tuesdavs Qvolution ages 13-17
- Wednesdays Youth Drop-in hours (except last Wednesdays)
- Thursdays Qvolution ages 18-24 with onsite therapist Youth Drop-in hours Fridavs

#### The Center will be providing:

• Groups and services for youth 12 & under and their families • Therapeutic support groups for Parents of LGBTQ+ Youth Email: Ihernandez@thecenterly.org for more information. dates and time

#### DAVID R. PARKS LENDING LIBRARY Is Open! **By request**

Named by the community in honor of Nevada State Senator David Parks, our LGBTQIA+ focused lending library offers more than 4,000 books and hundreds of DVDs to borrow at no charge.

#### **DAVID BOHNETT CYBERCENTER** Is Open!

Our CyberCenter, recently refreshed by the David Bohnett Foundation with internet service proudly powered by Cox Communications, provides two free hours of computer and internet usage during Center business hours.

#### **CREATIVE WRITER WORKSHOP**

#### 1st & 3rd Tuesday of the month, 6-8pm

A workshop for writers of all levels of experience to develop their skills through feedback and critique in a supportive and safe environment.

# **UNIQUE SPACES** FOR YOUR SPECIAL EVENTS



The Center offers multipurpose event spaces perfect for meetings, social activities, banguets and much more. Our Event Hall provides 3,000 sq. ft. of versatile space, divisible into six smaller rooms, as well as an 18-seat conference room. Room usage prices and details may be found online at www.thecenterlv.org/rooms.

# VOLUNTEER OPPORTUNITIES

The Center regularly seeks friendly and dependable volunteers for front-of-house, administrative and event-based assistance.

## THECENTERLV.ORG/VOLUNTEER



RESOURCES TO THRIVE

# PROGRAMS AND SERVICES

BLACK LGBTQ GROUP 2nd & 4th Mondays 6:30-7:30pm This social support group provides the Black LGBTQIA+ community a virtual space to meet, network, and discuss various topics. Register at https://tinyurl.com/BlackLGBTQLV

#### THE L GROUP Fridays 6-8pm

We are a social group that are interested in connecting with other women for friendship & communication. We talk about issues that are going on in the lesbian community and just life in general. We also have potlucks and game nights!

#### GAY MEN'S FORUM Every Wed 6-7:30pm in person

Designed to provide a safe, confidential, respectful, and supportive environment for the open intelligent exchange of topics and ideas of interest to our community and the world at large. All are welcome.

#### UTOPIA! Online - Tea Time

Queer & Trans-led support for group providing sacred spaces to strengthen the minds and bodies of QTPIs - Queer and Trans Pacific Islanders - through community organizing, community care, civic engagement, and cultural stewardship. Contact: utopia.lv702@gmail.com for more info!

#### LGBTQIA WARRIORS 1st Mondays 6-8pm on Zoom

Social support for all service members to share experiences and support, resources, and to be honored for their service.

#### SECOND SUNDAY LESBIAN POTLUCK SOCIETY

Every 2nd Sunday of the month 10am-1pm Bring a dish to share and come dish with Vegas Valley lesbians (bring your own beverages).

#### **CLEAN THE WORLD SHOWER TRUCK**

Every Friday in the eastside parking lot 10am-2pm Free showers in the eastside parking lot.

#### CONNECTION IN COMMUNITY Wednesdays 2-3pm

This is a support group centered around mental health, guided by a certified peer recovery support specialist where participants will discover a secure environment to openly address and navigate mental health challenges while also sharing and celebrating personal successes. We will also introduce various tools, methods, and practices aimed at fostering a life of health and wellness. Attendance is free, and everyone 18+ are welcome.



#### **IDENTI-T TRANS & GENDER DIVERSITY PROGRAM**

TRANS AND GENDER DIVERSITY

Identi-T provides transgender, gendergueer, nonbinary, intersex and gender non-conforming individuals a safe place to relate to peers, seek guidance, & expand social circles. Keep in touch at www.facebook.com/groups/IdentitLV



#### GENDER TRANSLATIONS Every Friday 6-7:30pm

For everyone doing or thinking about gender differently!



### LATINX TRANSLATIONS

Únete el segundo y cuarto martes del mes para el nuevo grupo para la comunidad transgénero. El grupo te apoya y conecta a servicios y recursos que te ayudan a vivir tú vida más autentica.



#### **GUY TALK** Mondays (bi-weekly) 5-6pm

Transmasculine peer-support group for trans men, and those exploring transmasculine gender identity and expression.



#### ACT III SENIOR DROP-IN 10am-2nm

The Center's ACT III (Aging Communities Together) offers a safe, fun, inclusive space for adults 50 and up to enjoy activities. games, films, and education, with your peers. Senior Drop-in is free and welcome LGBTQIA+ and allied individuals.

SENIORS

#### **MEN'S MONDAY GAME DAY** 10am-2pm

Game Day! Enjoy games with your old and new friends. Current popular games are canasta, Mexican dominoes, and Scrabble. Want to play something else? Introduce us to your favorite game!

#### WIZE WOMYN'S WEDNESDAY

12nm-1nm

Enjoy games and music starting 10:30am, followed by a spirited discussion 12pm - 1pm.

#### **INCLUSIVE THURSDAYS**

10am-2pm

Featuring our FREE Lunch & Learn, where invited speakers present topics such as Las Vegas history, health and wellness, and local resources. Afterwards enjoy a free lunch provided by The Center.

Last Thursday of the month is potluck and games.

# COMMUNITY OUTREACH AND ADVOCACY



#### **CENTER ADVOCACY NETWORK**

To sign up and get the pre-requisites completed, simply sign-up at: thecenterly.org/programs/can and fill out the applications and reserve your spot for our next training! Victim advocates provide confidential and non-iudgmental support, education, resources, & referrals to on and off campus entities following experiences of interpersonal violence. Aiding a client with filing a protection order, calling a social service on behalf of a client, helping a family member or partner of a victim/ survivor find resources: these are examples of advocacy.

As a victim advocate you will be discussing options with a victim/ survivor and providing information, referrals, and support to victims/survivors of interpersonal violence, and their loved ones. You will be essential in helping to empower someone to make decisions, take action, and move through a crisis.

#### CAN CRISIS LINE 1.702.745.4600

People in crisis can call anytime to speak with an advocate and get information about resources.

#### **CULTURAL COMPETENCY TRAINING**

The Center's knowledgeable program staff can lead a variety of cultural competency trainings for companies and organizations, on topics such as HIV, gender identity and the LGBTQIA community. Contact Holly Reese at hreese@thecenterly.org.

#### **COMMUNITY INFORMATION & RESOURCE REFERRALS**

Our information and referral desk staff and volunteers happily provide information on topics such as LGBTQIA activities, support groups and organizations as well as referrals to public assistance, counselors, doctors, attorneys, churches and more.

#### **MEDICAID/SNAP SIGN UP/ASSISTANCE**

Fri 8am-5pm: Assistance with application for Medicaid and food assistance from Division of Welfare and Supportive Services.

## We are here for all your sexual health needs



THE ARLENE COOPER 401 S Maryland Pkwy

thecenterly.org/health-center



**7 the center** 



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ARE AVAILABLE FOR FREE AT

FYL SND



401 S. MARYLAND PKWY THECENTERLV.ORG/HEALTH-CEN

FOR ALL OF YOUR **SEXUAL HEALTH NEEDS!** 

#### We're here for **ALL** of your healthcare needs. 📀 Gender-Affirming Care 🥝 Primary Care HIV Services



wellness-clinic



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Dates, times, and offerings may change. Call The Center at 702-733-9800 to confirm any info herein. The public calendar is also available on our website at thecenterly.org/events/calendar.